

Extended Summer Pool Schedule



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Pool Opens						
6:00	6:00	6:00	6:00	6:00	7:00	7:00
Open Swim						
6:00am-8:00am	6:00am-8:30am	6:00am-8:00am	6:00am-8:30am	6:00am-8:00am	7:00am-6:30pm	7:00am-8:00am
9:00am-9:30pm	9:30am-3:30pm	9:00am-9:30pm	9:30am-3:30pm	9:00am-6:30pm		9:00am-6:30pm
	5:30pm-9:30pm		5:30pm-7:30pm			
			8:30pm-9:30pm	The Pool is Closed Tuesdays and Thursdays 3:30pm-5:30pm		
Gender Swim						
Male Swim 8:00am-9:00am	Female Swim 8:30am-9:30am	Male Swim 8:00am-9:00am	Female Swim 8:30am-9:30am	Female Swim 8:00am-9:00am		Female Swim 8:00am-9:00am
Female Swim 9:30pm-10:30pm	Male Swim 9:30pm-10:30pm	Female Swim 9:30pm-10:30pm	Female Swim 7:30pm-8:30pm			
		Female Swim 9:30pm-10:30pm	Male Swim 9:30pm-10:30pm			
Class Times						
Aqua Tabata 9:00am-10:00am	Triathlon Training 6:00am-7:00am	Swim Team 6:00am-7:00am	Aqua Tabata 8:30am -9:30am *Female Only*	Aqua Aerobics 8:30am-9:30am	Swim Team 7:00am-1:00pm	Splash 9:00am-10:00am
Day Hab 11:00am-12:00pm	Swim Team 6:00am-7:00am	Day Hab 11:00am-12:00pm	Deep Water Splash 9:30am-10:30am	Swim Team 3:30pm-6:30pm	Aqua Zumba 10:00am-11:00am	Group Lessons 9:00am-11:00 am
CLLD 11:30am-12:30pm	Aqua Kickboxing 8:30am -9:30am *Female Only*	Aqua Aerobics 12:30pm-1:30pm	Day Hab 11:00am-12:00pm	DPD 4:30pm-5:30pm		Swim Team 9:00am-2:45pm
DPD 3:30pm-5:30pm	Aqua Tabata 9:30am-10:30am	CLLD 2:00pm-3:00pm	CLLD 2:30pm-3:30pm			
Swim Team 3:30pm-9:00pm	Day Hab 11:00am-12:00pm	DPD 3:30pm-5:30pm	Swim Team 3:30pm-8:30pm	<u>Outdoor pool hours 9/3-9/14 10am-5pm</u>		
	CLLD 2:00pm-3:00pm	SwimTeam 3:30pm-9:00pm	Splash 7:30pm-8:30pm *Female Only*	<u>The pool is very crowded Sunday's from 9am-12pm.</u>		
	Swim Team 3:30pm-9:15pm	<u>The pool is closed Tuesday's and Thursday's from 3:30pm-5:30pm.</u>				

Please rinse off before you swim
 Street shoes are not permitted on pool deck
 Swim lessons & classes move between the deep and shallow ends of the pools. These classes may take up to 4 lap lanes.
 Deep Water Work out uses only the deep end; shallow end will be available.
 The Swim Team can take up to 4 lanes.
 A minimum of 1 lap lane and 1 open swim lane will be available during this time.